

# All Day Menu

## BREAKFAST

**Granola** **\$18**  
House made granola w seasonal fruits,  
golden syrup & coconut greek vanilla  
yoghurt (Vegan, DF)

**Eggs Your Way** **\$15**  
On sourdough or five grain served with relish,  
add your sides  
(DFA) | GF bread +\$1

**Midnight Morning** **\$26**  
Herb scrambled eggs, bacon, halloumi, grilled  
tomato, broccolini & seeded loaf (Keto, GF)

**Urban Soul Big Breakfast** **\$27**  
Eggs your way on sourdough or five grain with  
bacon, sausage, sauteed mushrooms & garlic  
roasted potatoes  
(DFA) GF bread +\$1

**Three Egg Omelette** **\$26**  
Your choice of 3 fillings; ham, tomato,  
mushroom, cheese, onion, spinach, salmon,  
feta, bacon served with garden salad & toast

**Smashed Avocado** **\$25**  
Five grain toast, smashed avo, creamy  
feta, chilli oil, grilled lime & house dukkha  
(GFA, DFA)  
Add Poached Egg +\$4

**Summer Waffles** **\$26**  
Fresh berries, ice cream, candy floss &  
chocolate or caramel sauce

**Creamy Garlic Mushrooms** **\$27**  
On sourdough w whipped feta, baby  
spinach, crispy shallots & black truffle  
oil Add bacon + \$8  
(GFA)

**Eggs Benedict**  
Potato Rosti, spinach, eggs & hollandaise |  
with mushrooms \$27  
with Bacon \$28 | with Salmon \$28 |  
with buttermilk fried chicken \$28

## PLEASE NOTE

We cannot guarantee our dishes are 100% allergen free but please  
let us know of your allergies so we can do our utmost to ensure no  
cross-contamination occurs.

GFA= Gluten Free Available | DFA= Dairy Free Available

## LUNCH

**Fish & Chips** **\$28**  
Tarakihi, BB fries, slaw & US tartare

**Buttermilk Chicken Waffle** **\$28**  
Three cheese waffle, fried  
chicken, chipotle, smoked aioli &  
jalapenos

**Home made Lamb Burger** **\$28**  
Lettuce, tomato, red onion,  
charred vegetables, feta & aioli  
served w BB fries

**Miso Salmon** **\$30**  
Broccoli, edamame, spinach,  
seaweed, wasabi mayo, brown rice  
& miso dressing (DF)

**Sourdough Toastie** **\$12**  
Choose up to 3 fillings; bacon,  
egg, mushroom, chicken, onion,  
cheese, pineapple, ham, tomato  
GF bread +\$1 | add side fries \$4

**Summer Salad** **\$24**  
Mesclun, grapes, orange, kiwifruit,  
strawberries, avocado, tomato,  
onion, beetroot (Vegan, DF)  
Add Grilled Chicken +\$8  
Add Halloumi +\$8

**Grilled Steak Sandwich** **\$28**  
Scotch Fillet (MR), turkish bread,  
rocket, aioli, chimichurri  
served w BB fries  
Add Bacon + \$8

## SIDES

Beer battered fries with garlic aioli **\$9.5**  
Kumara Fries with garlic aioli **\$12**  
Wedges grilled with cheese & bacon served  
with sour cream & sweet chili **\$16**  
Salmon | Bacon **\$8**  
Hashbrowns **\$7**  
Sausage | Tomato | Avo **\$5**  
Creamy Mushrooms **\$7**  
Extra Egg **\$3**